

— 2023 —

NATIONAL FEDERATION OF THE BLIND OF UTAH
ANNUAL CONVENTION

“FIND YOUR FIT IN THE MOVEMENT!”

APRIL 20-22 | PROVO MARRIOTT & CONFERENCE CENTER
101 W 100 N, PROVO, UT 84601 | 435-649-2900

IF YOU ARE USING SOCIAL MEDIA DURING OUR CONVENTION:

#NFBU23

The National Federation of the Blind knows that blindness is not the characteristic that defines you or your future.

Everyday we raise expectations because we know that low expectations create barriers between you and

your dreams. You can live the life you want;

blindness is not what holds you back.

THE NATIONAL FEDERATION OF THE BLIND PLEDGE

I pledge to participate actively in the efforts of the National Federation of the Blind to achieve equality, opportunity, and security for the blind; to support the programs and policies of the Federation; and to abide by its constitution.

NFB OF UTAH MISSION STATEMENT

In the National Federation of the Blind of Utah the blind and interested sighted persons come together to create programs to improve the quality of life of the blind; to provide a means of collective action for parents of blind children; to promote the vocational, cultural, and social advancement of the blind; to achieve the integration of the blind into society on a basis of equality with the sighted; and to take action which will improve the overall condition and standard of living of the blind. We work toward the removal of legal, economic, and social barriers to full participation by blind people in all aspects of community life. The NFB of Utah is the blind speaking for ourselves.

CONVENTION INFORMATION

REGISTRATION CHAIRPERSON:

Jerry Nealey, *Weber/Davis Chapter*

DOOR PRIZE CHAIRPERSON:

Danielle Frampton, *Salt Lake Chapter*

AUCTION CHAIRPERSON:

Stephanie Cordova, *Salt Lake Chapter*

SCHOLARSHIP CHAIRPERSON:

Chels Peahl, *Utah Valley Chapter*

VENDOR FAIR CHAIRPERSON :

Willie Black, *Board of Directors*

REGISTRATION:

Convention registration is \$5 per person! Registration will be open before all general sessions (*any additional times are stated in the agenda below*). You may pay for meals, Banquet, and Membership Dues with cash or card. Registration will be held right outside the main general session ballrooms, in the Lobby.

MEALS:

There will be a \$5 welcoming Luau on Thursday evening April 20 beginning at 6pm.

On Friday and Saturday, Plated Lunches will be available for \$10 per person.

On Saturday evening, Banquet Dinner will be \$25 per person.

You can pay for meals ahead of time by going to www.nfbutah.org and selecting the donate button. There you will be prompted by Paypal. Please place the word "meals" in the note field.

Affiliate Membership Dues are \$1. You must pay membership dues in order to vote during elections and resolutions.

VIRTUAL GENERAL SESSIONS & SELECT BREAKOUT SESSIONS

Join us on Zoom. Everyone will be muted and cameras will be disabled.

<https://zoom.us/j/8061136194>

or call 17207072699,,,8061136194#

or stream the convention on YouTube!

<https://www.youtube.com/channel/UCXJU3pIPw9tcmE72GLauB1w>

DOOR PRIZES:

We will draw for a variety of door prizes during each general session and at the banquet. You must be registered with the convention in order to have your name placed in the drawing, and you must be present when your name is called in order to win. You may win multiple door prizes, so be sure to arrive on time and attend every session.

GUIDE DOG RELIEF AREAS:

A small plot of grass East of the Front East Entrance doors, between the building and the parking structure. Please be courteous and pick up after your dog.

HOTEL LAYOUT:

Upon walking through front door, the front desk is to your left. The restaurant is directly in front of you. The elevators for sleeping rooms are off to the right of the front desk and there are two sets of elevators. The hotel has two sections for meeting areas. With your back to the front entry door, if you go to the right, you will be heading towards the rooms for general sessions and meals. All general sessions will be in Zions and all meals will be in Arches. There is a Starbucks on the way to these meeting rooms on your right before your feet touch carpet. Across from Zions are restrooms. Across from Arches is the Timpanogos: room which will offer child care. At the end of the hall past Arches and Timpanogos: is the Olympus room which has been designated as a quiet room. Let's go back to the front door of the hotel, if you head to the left, you will pass the front desk on your right and you will head towards the other side of the hotel which will host our breakout sessions and exhibit hall. In order to reach the breakout rooms, you will encounter a small set of stairs. There is also a small service elevator if you are unable to take the stairs. The breakout room area has 4 breakout rooms that surround an open lobby area with seating for visiting and mingling. The names of the breakout rooms are Juniper, Elm, Cedar, and Aspen.

NFB OF UTAH WELCOMES OUR **2023 CONVENTION HONORED GUESTS**

NFB NATIONAL REPRESENTATIVE: **JESSICA BEECHAM**

- Jessica is the current President of the NFB of Colorado and also serves as President of the NFB Sports and Recreation Division. Jessica is a Business owner of a cafeteria and coffee shop located on Schreiver Air Force Base. I am the director of a company called WE Fit Wellness. We work hard to help people with disabilities and others who have been left behind in the mainstream fitness movement find accessible, affordable, and achievable exercise and nutrition solutions. I am passionate about helping others find healthy and fun ways to spend their free time.
- I am a yoga enthusiast and enjoy exploring new yoga classes in my community. I also really enjoy running. Living in Colorado Springs gives me ample opportunity to explore beautiful mountain trails. Nothing makes me feel more happy and at peace than a day on the beach. I love to cook and spend time with friends and families. Feel free to reach out to me at jessica@wefitwellness.com or call 615-497-0435.

NFB DISTINGUISHED SPEAKERS: TYLER MERREN

Tyler is a Paralympic Athlete, Personal Trainer, Speaker, and the Owner/Creator of Revision Fitness. Revision Fitness is the first fully accessible application designed specifically for the blind and low vision. Tyler has made presentation around the world in numerous conferences and events. He has competed in the sport of Goal Ball in multiple Paralympics, including Greece, China, and Brazil. Tyler has multiple Gold, Silver, and Bronze medals and many more recognized awards and achievements. Learn more by visiting www.tylermerren.com.



NFB DISTINGUISHED SPEAKERS: ALYSSA JOHNSON, B.A., M.O.M, DIPL. AC

Alyssa Johnson is the Clinic Operation Manager for Integrative Medicine for UC Health in Cincinnati Ohio. After spending fifteen years working as a Traditional Chinese Medicine practitioner, treating thousands of patients of all ages and a wide variety of health issues, Alyssa knows what truly helps people heal. She inspires her patients and team members to “shine” in life as their best selves and she passionately advocates for integrative medicine therapies to be incorporated into hospitals and large healthcare systems. Alyssa holds a Bachelors degree in Zoology from Connecticut College, a Masters degree in Oriental Medicine from Northwestern Health Sciences University and completed the Leadership in Integrative Healthcare Program through Duke Integrative Medicine in 2015.

Alyssa loves being a wife and mother. She was a collegiate soccer player, a competitive figure skater and is an aspiring stained glass artist.

**NFB DISTINGUISHED SPEAKERS:
CONGRESSMEN JOHN CURTIS, 3RD DISTRICT, UTAH**

John R. Curtis proudly represents Utah's 3rd Congressional District where he is known for his reputation as someone who gets things done. Since being elected to Congress on November 13, 2017, John has worked on 15 pieces of legislation that were signed into law, ranging in diverse topics such as better managing public lands, combating human trafficking, reducing burdensome regulations on small businesses, and more.

**NFB DISTINGUISHED SPEAKERS:
UTAH LT. GOV. DEIDRE M. HENDERSON**

Deidre M. Henderson became Utah's ninth lieutenant governor on Jan. 4, 2021. As lieutenant governor, she is Utah's chief election officer and serves as secretary of state. Lt. Gov. Henderson has dedicated her time in office to removing barriers to success for all Utahns, ensuring that elections are well run, and bolstering the state's relationship with Native American tribes.

THURSDAY, APRIL 20, 2023

UTAH VALLEY CHAPTER LUAU:

6:00 to 7:30 p.m. • Arches / Canyons Ballroom

Meet our special guests Jessica Beecham and Tyler Merren!

Come join our sponsors and the Utah Valley Chapter for an authentic Luau! \$5 per person.

Title Sponsor: Comcast.

Diamond Sponsor: HearSee Mobility

Gold Sponsors: Lundy LLC, Democracy Live, Utah Lions Club, Achilles Utah, Utah Assistive Technology Program

Silver Sponsors: Willie B's Café, Axis Technology, Utah Disability Law Center

Exhibit Level Sponsors: Utah Natural History Museum, Disabled Rights Action Committee, Sundance Film Festival, Salt Lake Acting Company, DSBVI Utah, Guiding Eyes, and Utah Library for the Blind and Print Disabled

RESOLUTIONS COMMITTEE MEETING:

7:00 to 8:30 p.m. • Zions / Bryce Ballroom

Resolutions Chairperson: Karl Smith, *2nd Vice President, NFB of Utah.*

Come learn about the 2023 resolutions that will be presented at this year's convention. All are welcome.

FRIDAY, APRIL 21, 2023

CONVENTION REGISTRATION:

7:30 a.m. • Outside of Zions Ballroom

Registration is \$5 per person.

Membership Dues \$1 per person.

Plated lunches on Friday and Saturday are \$10 per person.

Banquet on Saturday evening is \$25 per person.

FRIDAY MORNING GENERAL SESSION

VIRTUAL ON ZOOM:

<https://zoom.us/j/8061136194>

or call 17207072699,,,8061136194#

or stream on YouTube!

<https://www.youtube.com/channel/UCXJU3pIPw9tcmE72GLauB1w>

CALL TO ORDER AND WELCOME:

9:00 a.m. • Zions / Bryce Ballroom

Invocation: Milton Taylor, *Utah Valley Chapter.*

National Anthem: Ron Roberts

Color Guard Presentation: Nathan Osterguard, *President, Blind Veteran Association.*

NFB PLEDGE

Welcome: Everette Bacon, *President, NFB of Utah.*

EXERCISING YOUR RIGHT! MAKING MAIL BALLOTS ACCESSIBLE FOR ALL!:

9:20 a.m.

A welcome and report by our Lt. Gov. Diedra Henderson.

THE MANY WAYS YOU CAN FIT IN THE MOVEMENT: A REPORT FROM OUR NATIONAL REPRESENTATIVE:

9:35 a.m.

Jessica Beecham, *President, NFB of Colorado*

TRAINING THE MOVEMENT:

10:05 a.m.

Jennifer Kennedy, Executive Director, BLIND Inc.

WHY I AM A FEDERATIONIST: THE BUDDY PROGRAM AT BLIND INC.:

10:20 a.m.

Grant Christiansen, Weber/Davis Chapter

LIBRARY SERVICES FOR THE BLIND: WHAT'S NEW WITH BARD, NEWSLINE, AND MORE:

10:35 a.m.

Lisa Nelson, Director, Utah State Library for the Blind and Print Disabled

BRINGING ACCESSIBILITY TO EVERYONE! A WORD FROM OUR TITLE SPONSOR COMCAST UTAH:

10:55 a.m.

Lori Samuels, Senior Accessibility Director, NBC Universal

WHY I AM A FEDERATIONIST: REVISIONING FITNESS FOR BLIND PEOPLE OF ALL SHAPES AND SIZES!

11:10 a.m.

Tyler Merren, Revision Fitness

GIVING THE BLIND EXPERIENCE: HOW THE NFB OF UTAH COLLABORATED ON A PODCAST!

11:35 a.m.

Brian Tanner, Sr. Producer of The Apple Seed from BYU radio

ADJOURN

12:00 p.m.

BOARD OF DIRECTORS LUNCH:

12:10 p.m. - 1:15 p.m. • Arches / Canyons Ballroom

Invocation: Ken Duke, President, Salt Lake Chapter

NFB of Utah Board Meeting and Chapter Report.

Come and hear from all the members of the NFB of Utah Board, chapters, divisions, clubs, and groups of the NFB of Utah. Presentation by Ron Gardner, Immediate Past President, Mausam Mehta, Former NABS First Vice President.

FRIDAY AFTERNOON SESSION

****HUGE DOOR PRIZE. BE SURE TO BE ON TIME.****

BUILDING OUR FUTURE: PRESENTATION OF THE 2023 NFBU SCHOLARSHIP FINALISTS:

1:45 p.m. • Zions / Bryce Ballroom

Chels Peahl, Chairperson, NFB of Utah Scholarship Committee

TAPPING THROUGHOUT THE HALLS OF CONGRESS:

2:00 p.m.

Congressman John Curtis

STATE OF THE STATE:

2:20 p.m.

Everette Bacon, President, NFB of Utah.

THE FUTURE OF THE MOVEMENT: AN UPDATE ON THE IMPORTANCE OF USDB, STAKEHOLDERS, AND WHY COLLABORATION IS THE KEY TO SUCCESS!

2:45 p.m.

Brandon Watts, Utah Schools for the Deaf and Blind

WHY I'M A FEDERATIONIST:

3:05 p.m.

Quinn Price, Weber/Davis Chapter

BIKING, RUNNING, WALKING: BLIND PEOPLE DOING IT ALL! UTAH ACHILLES AND THE NFB OF UTAH PARTNERSHIP:

3:20 p.m.

Ken Duke, *Board of Directors*

THE FUTURE OF TRAVEL: A SMART CANE DESIGNED BY THE BLIND FOR THE BLIND!:

3:45 p.m.

James Bloomfield, *President, HearSee Mobility*

ADJOURN

3:45 p.m.

VENDOR EXHIBITS

4:00pm – 6:00pm • Aspen Breakout Room

Special Thanks to all of our sponsors and exhibitors listed at the end of the agenda!

NFB OF UTAH GUIDE DOG USERS GROUP DISCUSSION

6:00 p.m. • Olympus Room

Moderator: Tina Reisner, *Salt Lake Chapter*

LEARNING HOW TO UNWIND!

6:00 p.m. • Timpanogos Room

A workshop on simple touch based techniques for relaxation and sleep. Alyssa Johnson, *LCSW*

FIRE AND ICE NIGHT: ICE CREAM, LATIN DANCE & KARAOKE

8:00 p.m. - 10:00 p.m. • Arches / Canyons Ballroom

Presented by Spanish Division of the NFB of Utah. Come enjoy a fun night of ice cream, karaoke, and learn a few popular Latin dance moves. All are invited to this FREE event.

SATURDAY, APRIL 22, 2023

CONVENTION REGISTRATION:

7:30 a.m. • Outside of Zions Ballroom

Registration is \$5 per person.

Membership Dues \$1 per person.

Plated lunches on Friday and Saturday are \$10 per person.

Banquet on Saturday evening is \$25 per person.

DIVISION MEETINGS:

9:00 a.m. • Juniper Breakout Room

YOUR VOICE MATTERS – UTAH PARENTS OF BLIND CHILDREN AND UTAH BLIND PARENTS MEETING:

9:00 a.m. • Juniper Breakout Room

Moderator: Sarah Erb, *President, NFB of Utah Parents Division*

WORKSHOPS: “FIT FAMILIES ARE ABLE TO ADVOCATE FOR EACH OTHER”:

2 hours of the 3 hour parents meeting

First Hour Leader: Alyssa, Johnson, *LCSW*

Simple Touch-Based Technique for Relaxation and Sleep. In-line with the “See one, Do one, Teach one” method.

INTRO TO INTEGRATIVE MEDICINE IN UTAH:

Second Hour, Led by Parent’s Division Board

TAPPING TECHNIQUES TO NAVIGATE OBSTACLES VIA SELF REGULATION & MINDFULNESS

Third Hour

FIT TO WORK THROUGH TRIGGERS: IEP SETTINGS, HOME, PEERS

Third Hour

REVISION FITNESS WITH TYLER MERREN:

10:00 a.m. • Zions / Bryce Ballroom

Hear a personal story about achieving practical and personal goals through fitness!

SPANISH DIVISION MEETING:

10:00 a.m. • Elm Breakout Room

Moderator: Alejandra Reyes, President

Take part in our Spanish Division so that together we can help in changing common myths and misconceptions of blindness within other cultures. English translation will be provided.

STUDENT GROUP MEETING:

11:00 a.m. • Zion / Bryce Ballroom

Moderator: Zachary Ledford, UABS

Hear from Jessica Beecham, Tyler Merren, NABS presentation, and more!

FAMILY, FRIENDS, AND SPOUSES PANEL:

11:00 a.m. • Cedar Breakout Room

Moderator: Angela Peters, MD

This is a panel for spouses, siblings, parents, partners, teachers, or anyone who has a loved one who is blind. Come have an open discussion about issues related to blindness from the sighted person's perspective. This interactive session is a favorite of many convention attendees. SIGHTED PEOPLE ONLY, please!

FOOD AND FUNDRAISING LUNCHEON

2023 NFBU ANNUAL AUCTION:

12:10 to 1:30 p.m. • Arches / Canyons Ballroom

Invocation: Laura Vincent, *Member, Board of Directors*

Auctioneer: Cameron Frampton, *Member, Salt Lake Chapter.*

Auction Chairperson: Stephanie Cordova, *Salt Lake Chapter.*

One hundred percent of funds raised through the annual auction are used for funding a summer braille enrichment program for elementary school children, and collegiate scholarships.

SATURDAY AFTERNOON GENERAL SESSION

WELCOME AND BIG DOOR PRIZE!

ACUPRESSURE TO AWAKEN YOUR SENSE WITHIN AND BALANCE YOUR ENERGY:

1:45 p.m. • Zions / Bryce Ballroom

A presentation by Alyssa Johnson, *LCSW*

UTAH BELL ACADEMY: THE BELLS OF LITERACY ARE RINGING IN PERSON!:

2:10 p.m.

Katie Chevalier, *Coordinator, Utah Bell Academy.*

WHY I'M A FEDERATIONIST:

2:25 p.m.

Rebekah Jakeman, *Graduate Intern at Brigham Young University*

WHY I'M A FEDERATIONIST:

2:45 p.m.

Fernando Cabana, *Spanish Division and Utah Valley Chapter*

**ADVOCACY IN ACTION: A SPOTLIGHT ON
WASHINGTON SEMINAR:**

3:05 p.m.

Moderator: Dr. Edwin Lindholm, *Legislative Director, NFB of Utah*
Brynnli Cherry and Zack Ledford, **First Timers!**

NFB OF UTAH TREASURER'S REPORT:

3:30 p.m.

Mark Turley, *Treasurer, NFB of Utah.*

NFB OF UTAH RESOLUTIONS:

3:50 p.m.

Karl Smith, *2nd Vice President NFB of Utah.*

NFB OF UTAH BOARD ELECTIONS:

4:30 p.m.

ADJOURN

5:00 p.m.



YOU ARE CORDIALLY INVITED TO THE:

NATIONAL FEDERATION
OF THE BLIND OF UTAH'S

2023 BANQUET

THIS 22ND DAY OF APRIL

AT SIX-THIRTY IN THE EVENING

MASTER OF CEREMONIES

MR. EVERETTE BACON

BANQUET ADDRESS:

JESSICA BEECHAM

PRESENTATION OF NFB OF UTAH

SCHOLARSHIP WINNERS

CHELS PEAHLE

PAC PLAN PRESENTATION

CHRIS WYCOFF

DIAMOND AUCTION ITEMS

CAMERON FRAMPTON

2022

*The NFB of Utah wishes to thank
all our 2023 sponsors and vendors,
without you we couldn't put on such
a wonderful convention. It takes the
love and support of our local and
national community sponsors to
make what we do happen.*

Thank you!

TITLE SPONSOR - \$5,000

Comcast NBCUniversal



**COMCAST
NBCUNIVERSAL**

Comcast NBCUniversal is committed to making our products, services, and experiences accessible to the widest possible audiences — creating new pathways to independence and inspiration for people with disabilities. We're continuously innovating to expand the utility of our products, from the cable industry's first talking guide, to narrated voice descriptions of TV programs, to remotes that can be manipulated through eye-tracking devices — all of which are available today. We are also committed to making our workplaces inclusive for employees of all abilities and to building a workforce that reflects the demographics of the disability community.

DIAMOND SPONSOR - \$2,500
HEARSEE MOBILITY



Welcome to Hearsee Mobility

Where we believe that through our latest advances in technology, we can design and create innovative assistive tools to help navigate blind and low vision individuals through indoor and outdoor environments with precision and confidence.

GOLD SPONSORS - \$1,000

LUNDY LLC

Bring data accessibility to your MLS.

Lundy's goal is to produce the most comprehensive property search engine available by voice for the MLSs who would like to be more inclusive with their data. Lundy is the most cost-effective solution to the needs of consumers who are blind or visually impaired and is powered by Amazon's Alexa products.

DEMOCRACY LIVE

Deployed in over 4,000 elections, serving 2,500 jurisdictions. Remote, accessible balloting technologies to over 20 million voters since 2008.

Deployed in 29 states and 96 countries around the world.

UTAH LIONS CLUB

www.lionsclubs.org

Service starts with Lions. Whether you're interested in becoming a Lion or Leo, or requesting service from a club, this is the place to do it.

**UTAH ASSISTIVE TECHNOLOGY PROGRAM |
CENTER FOR PERSONS WITH DISABILITIES | USU**

<https://www.usu.edu/uatp/index>

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ACHILLES UTAH — ACHILLES INTERNATIONAL

<https://www.achillesinternational.org/utah>

SILVER SPONSORS - \$500

Axis Technology

<https://www.axistechnologyllc.com/>

Willie B's Café

*[https://www.facebook.com/pages/
category/American-Restaurant/Willie-Bs-
Cafe-278934545507083/](https://www.facebook.com/pages/category/American-Restaurant/Willie-Bs-Cafe-278934545507083/)*

Disability Law Center

<https://disabilitylawcenter.org/>

EXHIBITORS - \$250

Utah Natural History Museum

Utah Disabled Rights Action Committee

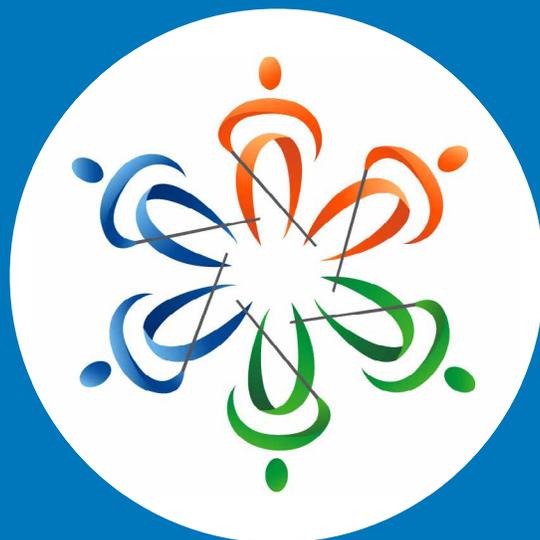
Sundance Film Festival

Salt Lake Acting Company

DSBVI Utah

Guiding Eyes

Utah Library for the Blind and Print Disabled



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